



Lower Sioux Indian Community in the State of Minnesota

P.O. Box 308 • 39527 Reservation Highway 1

Morton, MN 56270

Cansayapi Otunwe

LOWER SIOUX INDIAN COMMUNITY RESOLUTION NO. 19-24a

APPROVING HONORING CANSASA FOR HEALTHY GENERATIONS POLICY

- WHEREAS, The Lower Sioux Indian Community in the State of Minnesota (the “Community”) is a duly organized and federally-recognized Indian Tribe under 25 U.S.C. § 476, and is governed by the terms of a Constitution and By-Laws originally adopted by the Tribal Members on May 16, 1936, and approved by the Secretary of the Interior on April 23, 1936; and,
- WHEREAS, pursuant to said Constitution and Bylaws, the Community Council of the Lower Sioux Indian Reservation (“Community Council”) is the governing body of the Lower Sioux Indian Community; and
- WHEREAS, the Community Council has the authority, as enumerated in ARTICLE V – POWERS (i) to safeguard and promote the peace, safety, morals, and general welfare of the Community by regulating the conduct of trade and the use and disposition of property upon the reservation...; and
- WHEREAS, disproportionately higher health disparities have been identified in American Indian/Alaska Native populations compared to all non-Indian populations, including higher rates of obesity, diabetes, cardiovascular disease, and metabolic syndromes; and
- WHEREAS, American Indian/Alaska Native peoples have been found to have a higher prevalence of harmful commercial tobacco use; and
- WHEREAS, the Lower Sioux Indian Community Health and Human Services Advisory Committee (LSHHSAC) has been working to increase community

engagement to establish a healthy and sustainable Lower Sioux Indian Community; and

WHEREAS, the Community Council recognizes that implementing policy, system and environmental changes around harmful commercial tobacco is important for modeling and supporting a healthy Lower Sioux Indian Community; and

WHEREAS, the vision of the Lower Sioux Indian Community is a healthy, safe, and happy community – grounded and guided by Dakota culture, traditions, and language – where every person contributes to a diversified social and economic life. The people grow, adapt, and innovate together, through opportunities that span the generations and seek continuous success; and

WHEREAS, the LSHHSAC’s long-term goal for tobacco is to educate on and promote the cultural, health and healing benefits of Cansasa, while preventing as well as reducing the use of harmful commercial tobacco in a respectful way. These efforts aim to prevent chronic disease and elevate health within the Lower Sioux Indian Community; and

WHEREAS, the Community Council supports upholding the teachings and practices related to Cansasa use; and

WHEREAS, the Community Council acknowledges that harmful non-ceremonial commercial tobacco, or any product containing, made or derived from commercial tobacco, including e-cigarettes, that is intended for human consumption (not including Cansasa), is a leading cause of preventable death and disease for American Indians; and

WHEREAS, secondhand cigarette smoke exposure is another leading cause of preventable death, which causes disease in healthy nonusers; and

WHEREAS, the Community Council recognizes that cigarette butts leach toxic chemicals into the ground – including arsenic, cadmium, and lead – which pollute the environment and harm local ecosystems; and

WHEREAS, the Community Council recognizes that the health of the people is of utmost importance and it is the responsibility of the Community Council to create healthy social norms for the community, especially youth, and to act as good stewards of the earth by preserving environmental resources; and

WHEREAS, the Community Council finds it is in the best interest of the Community to approve the Honoring Cansasa for Healthy Generations Policy as attached to this Resolution and incorporated herein.

NOW THEREFORE BE IT RESOLVED, the Community Council hereby approves the Honoring Cansasa for Healthy Generations Policy as attached to this Resolution and incorporated herein.

CERTIFICATION

We certify that Resolution No. 19 - 042 was duly adopted by the Community Council of the Lower Sioux Indian Community in the State of Minnesota at a meeting held on the 7 day of November, 2019, a quorum being present by a vote of 3 in favor, 0 opposed, and 0 abstaining.

[Signature]
Robert Larsen, President


[Signature]
Grace Goldtooth, Vice President

[Signature]
Earl Pendleton, Treasurer

[Signature]
Jane Steffen, Secretary

[Signature]
Kevin O'Keefe, Assistant Secretary Treasurer



 <p>POLICY & PROCEDURE:</p>	<p>HONORING CANSASA FOR HEALTHY GENERATIONS POLICY</p> <p>Promoting Traditional Use of Sacred Tobacco & Protecting Community Members from Commercial Tobacco Harms</p>
<p>Original Effective Date: 10/2019</p> <p>Pages:</p>	<p>Department: Health Department</p>

I. FINDINGS AND PURPOSE

1. Commercial tobacco use is the leading cause of preventable death and disease in the U.S and across American Indian/Alaska Native communities. Exposure to secondhand smoke has negative health impacts and the U.S. Surgeon General has determined there is no risk-free level of exposure to secondhand smoke.
2. American Indian/Alaska Native people have been found to have a higher prevalence of harmful commercial tobacco use; 59% of American Indian/Alaska Native adults in Minnesota are current smokers compared to 14.4% of the general Minnesota population and 71% of American Indian/Alaska Native people in Minnesota are exposed to secondhand smoke at community locations on a regular basis.
3. American Indian/Alaska Native people have disproportionately higher health disparities compared to all non-Indian populations, including higher rates of cancer, diabetes and cardiovascular disease.
4. Dakota people have a special relationship with tobacco. Tobacco is a traditional medicine and is to be respected as such by Dakota people. This policy is specific to harmful commercial tobacco consumption and does not prohibit the sacred use of Cansasa or commercial tobacco for prayer, ceremony or memorial.
5. The Lower Sioux Indian Community CETI Project Coordinator and Tobacco Prevention Coordinator, have been working to engage community members by raising awareness of the harmful effects of commercial tobacco use and promoting youth commercial tobacco prevention.
6. The Lower Sioux Indian Community's CETI Project Coordinator has conducted a tribal policy scan and found that there is a lack of robust tribal policy related to commercial tobacco control. Implementing policies that promote safe commercial tobacco-free areas in and around community buildings and playgrounds is important for role-modeling healthy commercial tobacco-free behaviors to children, youth and their families. A commercial tobacco-free tribal policy will protect children, grandchildren, families and

community members from secondhand smoke, reduce commercial tobacco use overall, support healthy lifestyles, model healthy behaviors and support quit attempts.

7. Cigarettes consumed in outdoor public places are often discarded on the ground presenting an environmental hazard, diminishing the beauty of tribal property, requiring additional maintenance expenses to clean up, posing a fire risk as well as risk to human and animal health through potential ingestion and contamination of water sources.

II. DEFINITIONS

Unless otherwise required by the context, the following words and phrases shall have the following designated meanings:

Commercial Tobacco any product containing, made, or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, or any component, part, or accessory of a tobacco product, including, but not limited to, cigarettes; cigars; cheroots; stogies; periques; granulated, plug cut, crimp cut, ready rubbed, and other smoking tobacco; snuff; snuff flour; cavendish; plug and twist tobacco; fine-cut and other chewing tobacco; shorts; refuse scraps, clippings, cuttings and sweepings of tobacco, and other kinds and forms of tobacco. Commercial tobacco products exclude any tobacco product that has been approved by the United States Food and Drug Administration for sale as a tobacco cessation product, as a tobacco dependence product, or for other medical purposes, and is being marketed and sold solely for such an approved purpose.

Cansasa sacred tobacco that is used for prayer, spiritual guidance, discipline, and protection. Cansasa is offered to the Creator to express gratitude for land, Indigenous foods, water, and way of life. It is also offered to relatives, elders and spiritual leaders when seeking guidance. This gift should be respected and used in the proper way for health and to promote the generational well-being of the people. Cansasa is not inhaled, is natural, not addictive and has no additives, unlike harmful commercial tobacco.

Electronic Cigarettes any electronic oral device, such as one composed of a heating element, battery, and/or electronic circuit, which provides vapor of nicotine or any other substances, and the use or inhalation of which simulates smoking. The

term shall include any such device, whether manufactured, distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, or under another product name or descriptor.

III. AUTHORITIES AND REFERENCES

N/A

IV. POLICY

1. Harmful, non-ceremonial use of commercial tobacco use of any kind, including electronic cigarettes or devices shall be prohibited within and outside of the Lower Sioux Healthcare Center grounds.
2. Harmful, non-ceremonial use of commercial tobacco of any kind, including electronic cigarettes or devices shall be prohibited within the Lower Sioux Indian Community designated outdoor recreational areas outlined in this policy. No person shall use any form of commercial tobacco at or on the lacrosse field, playground or basketball court area owned by the Lower Sioux Indian Community.
3. Harmful, non-ceremonial use of commercial tobacco of any kind, including electronic cigarettes or devices shall be prohibited at any location where non-commercial community sponsored events are organized by the Lower Sioux Indian Community, unless in a designated area.
4. Harmful, non-ceremonial use of commercial tobacco of any kind, including electronic cigarettes or devices shall be prohibited within 50 feet of the Lower Sioux Government Center and all outdoor areas within 50 feet of entrances, exits and windows, unless in a designated area.
5. Harmful, non-ceremonial use of commercial tobacco of any kind, including electronic cigarettes or devices shall be prohibited within 50 feet of any future development of non-commercial community, public and tribal buildings in the Lower Sioux Indian Community, unless in a designated area.
6. Traditional medicines such as Cansasa, sage, sweetgrass, and cedar for prayer, ceremony and memorial are always allowed, promoted and supported anywhere within the Lower Sioux Indian Community.
7. A sustainability plan will be developed to ensure: traditional medicines shall always be made available to the Lower Sioux Indian Community elders, Cansasa harvesting workshops will continue and the Lower Sioux Indian Community will make efforts to utilize Cansasa exclusively in community events and ceremonies by 2019.

V. ENFORCEMENT

1. This policy will be included in the Employee Personnel Handbook. Any employee who violates this policy shall be subject to corrective action. The employee's immediate supervisor is responsible for enforcing the policy taking progressive corrective measures for violations, and/or referring the employee to a commercial tobacco cessation program, as appropriate.
2. The Lower Sioux Indian Community members and employees will be notified about this policy through LSIC newsletter, tribal website, community text alerts, employee handbook, employee email, paycheck stuffers, staff meeting, quarterly meeting and the Lower Sioux Healthy Generations media campaign.
3. Signage will be posted clearly in every building or other areas where harmful, non-ceremonial commercial tobacco use is prohibited by this article to inform the community about the policy. Every public place where non-ceremonial commercial tobacco use is prohibited shall have posted at every entrance a conspicuous sign stating that non-ceremonial commercial tobacco use is prohibited.
4. Designate clearly defined non-ceremonial commercial tobacco use areas.
5. Create and post maps indicating where non-ceremonial commercial tobacco use is prohibited.
6. The success of this policy depends on the consideration and cooperation of all. Enforcement of the policy is a shared responsibility of the community members and employees of the Lower Sioux Indian Community. Any individual found violating this policy will be reminded and asked to comply and offered referral to culturally relevant commercial tobacco cessation services including resources.

VI. REVISION HISTORY

Date	Reviewed/Revised By:	Reason for Change
10/2019	LSIC Health & Human Services Advisory Committee with assistance from the American Indian Cancer Foundation	Policy & Procedure Creation
		<Review or Revision>

VII. RESOLUTION HISTORY

Resolution #	Resolution Date
19-242	November 7, 2019